The discovery and development of topical medicines for wound healing

E. Öhnstedt, H. Lofton Tomenius, E. Vågesjö & M. Phillipson


To link to this article: https://doi.org/10.1080/17460441.2019.1588879
1. Introduction

The skin forms a physical barrier crucial for protection against microbial invasions, as well as maintaining temperature and fluid homeostasis. Skin wounds transiently destroy this barrier, and thereby comprise a great health challenge. Historically, skin wounds were the major cause of gangrene and of septic death [1]. Understandably, treatments intending to improve healing of such skin wounds have a long history. Lowering of wound pH is acknowledged to counteract wound infections and accelerate wound healing and was first mentioned by Hippocrates who recommended vinegar to clean the wounds before applying dressings in the form of fig leaves [2]. Current drug development, aiming to accelerate wound healing, often finds inspiration in the past. For instance, herbs used to heal wounds within traditional Ayurvedic medicine are today being screened scientifically in the hunt for active substances, but presently those substances available in the clinic.

Wounds can be divided into acute and nonhealing chronic wounds depending on the time to healing. If the wounds do not heal within 3 months, they are referred to as chronic, nonhealing wounds. Nonhealing wounds are often coupled to underlying pathologies associated with reduced healing abilities (as in persons with arterial or venous insufficiencies or persons having diabetes or receiving systemic steroid treatment) and/or increased susceptibility for acquiring wounds (e.g. peripheral neuropathies) [3]. Patients developing nonhealing wounds form a heterogeneous group, and nonhealing wounds are commonly divided into pressure ulcers, venous leg ulcers, arterial ulcers, and diabetic foot ulcers (DFUs). Nonhealing wounds do not only cause discomfort, pain, and increased risk for amputation, but are also associated with substantial health-care costs. Wound care is divided into different treatment types depending on its purpose (Figure 1): traditional, advanced, and active wound care. Traditional wound care is applied on acute wounds and only aims to cover and protect the wounds. If the wounds fail to heal, advanced wound care in the form of dressings is used to keep wounds moist. For the last segment of nonhealing wounds, active wound care aims at accelerated healing. According to a recently published systematic review of studies from all continents with the majority from the USA, the annual mean cost for a nonhealing wound was established to be $23,300 per afflicted patient ranging from $1800 to $61,500 [4]. In Europe, the prevalence for nonhealing wounds is estimated between 1% and 2%, and associated total costs thereby become extensive [5-8].

1.1. Wound healing

Wound healing is a complex process characterized by dynamic changes of the wound microenvironment to recruit and direct the different participating cell types. The entire process is classically divided in four consecutive and overlapping phases: hemostasis, inflammation, proliferation, and remodeling (Figure 1) [9,10]. During the hemostasis phase, the bleeding is controlled by sympathetic-induced vasoconstriction followed by clot formation [10,11]. Cells of wounded tissue release alarm signals, chemokines, and growth factors that recruit immune cells from blood circulation and stimulate the proliferation of tissue resident populations, resulting in
Article highlights

- Development of topical drugs for wound healing is today greatly influenced by the need to reduce spread of antibiotic resistance and the emerging emphasis of health economy.
- Topical drugs require means to ensure sufficient bioavailability of the active substance within the wound by, for example, onsite production and/or reduced degradation.
- There is growing trend toward biologics, gene therapy, and novel concepts for drug delivery in drug discovery and in the pipeline for clinical trials.
- Increased understanding of the pathology of nonhealing wounds as well as the mechanism of action of drug candidates are vital for success in clinical trials.
- The increasing knowledge of multiple functions of immune cells in wound healing is likely to reveal novel targets.

This box summarizes key points contained in the article.

Immune cell accumulation at the wound site [12,13]. The proliferation phase is characterized by the formation of granulation tissue that consists of newly formed blood vessels, immune cells, and fibroblasts, and allows epidermal cell migration on top of this tissue during re-epithelialization of the wound. To strengthen the repaired tissue, fibroblasts in the dermis and epidermis deposit new extracellular matrix during the remodeling phase when the scar tissue is also formed [9]. The structure and composition of skin differs between species, as do the rate of healing [14].

Nonhealing wounds are, when compared to healing wounds, associated with high levels of proteolytic enzymes [15], bacterial colonization, and formation of biofilms [16], as well as altered cell signaling [17]. As a consequence, the sequential changes of the microenvironment depicted in Figure 1 are hampered, resulting in failure to heal. Interestingly, the vast majority of nonhealing wounds contain biofilms [18] that contribute to the prolonged inflammation and pathology of nonhealing wounds [19], as well as favor antibiotic resistance transfer. Biofilms are very persistent and hard to treat as the contained bacteria enter a dormant state where they are more resilient against topical or systemic antibiotics [16,20]. Further, the biofilm matrix also protects contained bacteria from detection by the immune system in the form of antibodies, complement, and phagocytosis. Mechanical debridement in combination with systemic and topical antibiotics is the standard treatment for biofilms [20].

1.2. Immune cells in wound healing

Immune cells have an important role throughout all phases of wound healing. However, it has been shown that their roles and functions vary during the healing process. In addition, functional heterogeneity within the populations of the innate immune cells, namely neutrophils, monocytes, and macrophages, is currently being revealed.

The importance of neutrophils for wound healing is demonstrated in mice genetically deficient in CXCR2, a chemokine receptor important for neutrophil recruitment to the wound site [21]. Using these CXCR2-/- mice, delayed re-epithelialization was reported and resulted in impaired wound healing [21]. However, extended presence of neutrophils is a characteristic of nonhealing wounds, and another study revealed that wound healing was accelerated when neutrophils were depleted at the time of wound induction but restored in overall numbers 5 days later [22]. Increasing age clearly delays wound healing, and a mouse study demonstrated that wound closure in young mice (2 months of age) occurs independently of neutrophils, whereas older mice (6, 10, and 20 months) healed even slower when depleted of neutrophils [23]. Depletion protocols target all neutrophils, and thereby preclude studies addressing the importance of distinct populations with different functions. For instance, a proangiogenic neutrophil population was recently discovered and is recruited from blood circulation to tissue by vascular endothelial growth factor-A (VEGF-A) [24,25]. These neutrophils are very likely to induce angiogenesis during the granulation phase, acting in parallel to classic neutrophils with important bactericidal effects during an interrupted skin barrier.

Macrophages are important in wound healing as they produce many factors that drive the different phases of the healing cascade (Figure 2). During the wound healing process, the macrophages shift phenotype from pro-inflammatory to a more regulatory phenotype with tissue restorative functions. This was demonstrated in an elegant study wherein macrophages were conditionally depleted during different phases of wound healing, which clearly revealed distinct functions of macrophages in the inflammatory versus the proliferating phase [26]. When macrophages were depleted in the inflammatory phase, the formation of vascularized granulation tissue was reduced, epithelialization was impaired, and the scar formation was minimized. In contrast, depletion of macrophages in the proliferating phase resulted in wound hemorrhage and halting of the wound healing process [26,27]. The different functions of macrophages at different stages of healing are further emphasized by changes in their expression. In the early stages of wound healing, the majority of the macrophages express a pro-inflammatory phenotype characterized by production of pro-inflammatory molecules such as nitric oxide, reactive oxygen species, interleukin-1 (IL-1), IL-6, and tumor necrosis factor-alpha (TNF-α), as well as the matrix metalloproteinases MMP-2 and MMP-9 for matrix degradation. As the wound healing progresses, the macrophages change phenotype and upregulate the expression of factors such as platelet-derived growth factor (PDGF), insulin-like growth factor 1 (IGF-1), VEGF-A, and transforming growth factor-β (TGF-β), as well as the MMP inhibitor TIMP1. During the late stages of wound healing, macrophages have a regulatory role by suppressing inflammation through IL-10 production [28–30], returning the balance of MMP/TIMP expression [29] and reducing fibrosis. Macrophages in nonhealing wounds are to a large degree pro-inflammatory and have been shown to have a reduced ability to phagocyte dead neutrophils, an important trigger for their shift to the regulating resolving phenotype promoting tissue restoration.

The ability of scar-less healing observed in fetuses has intrigued the field of wound healing for decades [31]. Scarless healing is also observed experimentally in mice lacking immune cells [32]. The link between the immune system and
scar formation is this far elusive; however, it is generally concluded that the immature immune system of fetuses possesses healing abilities that are later lost when they gain classic immune competent functions.

1.3. Wound healing and chemokines, cytokines, and growth factors

Wound healing is a dynamic process that is largely regulated by cellular instructions from the microenvironment. These instructions often come in the form of chemokines, cytokines, and growth factors, which together orchestrate the healing process at different levels.

Chemokines are cytokines with chemotactic properties and are crucial for immune cell recruitment to afflicted sites. They are produced and secreted by activated cells and regulate cell actions through both paracrine and autocrine signaling. Depending on their structure, chemokines are divided into the following families: CC-, CXC-, C- and CX3C-chemokines [33]. They bind to one or multiple seven loop transmembrane G protein-coupled chemokine receptors [34] that are either abundantly expressed on many cell types or specifically expressed by distinct cells [35,36]. Importantly, secreted
1.4. Wound healing and skin stem cells

As mentioned above, immune cells are known to release cytokines and growth factors such as TGF-βs, IGFs, and FGFs when recruited to wounded skin. These factors promote angiogenesis, migration, and proliferation of keratinocytes and dermal fibroblasts, synthesis of extracellular matrix, and sometimes generation of new hair follicles in the process of epidermal regeneration [46–48]. During healing, cells originating from both hair follicles and interfollicular epidermis migrate into full-thickness wounds [49–54]. The importance of hair follicle stem cell (HFSC) niche is nicely shown in mice lacking either hair follicles or HFSCs, as delayed wound healing was observed [55]. However, very few HFSC-derived cells are found at later stages of repair, indicating that input from hair follicles plays relatively minor roles, whereas cells originating from stem cells located within the interfollicular epidermis play a major role in wound re-epithelialization.

2. Topical medicine for wound healing

Most wounds heal by themselves and the treatment provided to these wounds is therefore restricted to protecting them from the environment. However, for nonhealing wounds a more active treatment promoting healing is needed. The wound care thus depends on the type of wound as well as the purpose of treatment (Figures 1 and 3). While acute and nonhealing wounds are discriminated depending on the time to healing, burn wounds are classified according to the depth of the burn. In superficial burn there is only damage to the epidermis, superficial partial-thickness burns affect the epidermis and papillary dermis, while deep partial-thickness burns also affect the reticular dermis, and full-thickness burns reach the subcutaneous fat. For superficial burns, the standard care is cleaning and debridement of the wound, together with antibiotics if needed. Deep partial-thickness and full-thickness burn wounds are normally treated with topical antimicrobial agents, but if covering a larger area, skin substitutes or skin grafts like autologous split thickness graft are the standard worldwide [56].

For nonhealing wounds, the current standard of care includes repeated dressings changes, wound debridement, antibiotics to treat infections, and avoidance of increased pressure at the injured site [57]. Few pharmaceutical options are today available to accelerate healing, and only four products have been registered for wound healing as active medical products by the Food and Drug Administration (FDA) [58,59]. Due to the huge societal impact of nonhealing wounds, great efforts are being placed on finding means to improve wound healing, as demonstrated in Tables 1–3, and further discussed below. Despite many promising preclinical results, clinical efficacy often remains to be demonstrated. Topical application of therapeutics is appealing as it exerts local effects while limiting systemic side effects, but is simultaneously hampered by the proteolytic wound environment that reduces drug bioavailability. Furthermore, the common and different co-morbidities of persons with nonhealing wounds that in different ways impair healing have greatly impeded the transition of promising preclinical treatments into clinically available regimens. Instead, there has been an extensive development of wound dressings during the last decades, spanning from traditional dry dressings of gauze and plasters that are primarily intended to cover the wound to modern dressings designed to maintain the moist wound environment and promote healing (Figures 1 and 3, Table 1) [60]. Modern dressings also aim to convey therapeutic effects such as
stimulation of re-epithelialization and collagen synthesis as well as promoting angiogenesis within the wounds, but with so far very limited cohesive clinical support.

2.1. Growth factors

The extensive delineation of the wound healing process has resulted in identification of several growth factors that serve important functions throughout the different stages of wound healing. Even though clinical trials have assessed topical application of growth factors to wounds since the 1980s, only one growth factor, PDGF, was approved by the FDA for treatment of nonhealing wounds [59]. PDGF is the first growth factor to be expressed in response to injury and is important through all phases of wound healing [17]. Becaplerim, a gel containing recombinant PDGF (the BB isoform), was shown to accelerate wound closure in DFUs in several randomized clinical trials, and was approved by the FDA for treatment of DFUs in 1997. Effectiveness of Becaplerim has also been assessed in a retrospective analysis of patients with neuropathic foot ulcers where the treatment increased the healing rate with 32%, which corresponds well to the results of the clinical trials [66]. Despite positive results from clinical trials, this treatment option is not a first-line treatment, probably due to product pricing [59].

One of the major challenges for topical growth factor and chemokine administration is the proteolytic environment of the wound that efficiently degrades delivered proteins [15]. The pro-inflammatory environment in nonhealing wounds further increases the expression of peptidases and proteases, such as MMPs, in the wound, and increased levels of MMPs were demonstrated in biopsies from DFUs compared to biopsies from acute wounds of non-diabetic patients [67]. In parallel, the levels of TIMP-2, an endogenous inhibitor of MMPs, were decreased in DFUs [67]. To overcome the problem of degradation and to increase bioavailability of drug candidates, different delivery methods have been explored during the last decades including sprays, intralesional injections, conjugation to nanoparticles, incorporation into dressings, and on-site production by gene therapy.

There are several clinical studies presenting results from intralesional injections of growth factors. For example, local injections of granulocyte macrophage colony stimulating factor (GM-CSF) in to the wound bed showed efficiency in treatment of chronic venous leg ulcers in a double-blinded, randomized, placebo-controlled clinical study [68]. However, intralesional injections into hyper-sensitized areas such as wounds are associated with significant pain. A less invasive approach is offered by topical sprays aiming to provide a more direct contact between the wound surface and the active

---

Figure 3. The different levels of wound care applied for distinct wound categories.
drug, the growth factor, than when applied in a cream or gel. Both intralesional injections and sprays decrease the transmission time of growth factor into the wound tissue. Recently, a randomized, double-blinded, placebo-controlled, multi-center clinical study assessing efficiency of an EGF spray applied topically twice a day to DFUs showed increased healing compared to control treated with saline spray, with complete healing rates of 73.2% and 50.6% respectively [69]. In two phase III clinical trials, a spray containing 0.01% bFGF was used to treat DFU, but failed to meet the primary outcome of difference in complete healing over 12 weeks compared to the control group (NCT01217476 and NCT01217463).

Incorporation of growth factors into dressings is an approach that enables a slower release over an extended period of time. Recently, a hydrogel containing GM-CSF has also been demonstrated to increase the healing rate of deep partial-thickness burns [70]. There are also dressings designed to reduce the proteolytic activity within the wound. A planned clinical trial evaluates Becaplerim together with a protease inhibitor wound dressing consisting of 44% oxidized regenerated cellulose (ORC), 55% collagen, and 1% silver-ORC applied three times per day to venous ulcers and DFUs for 6 weeks (NCT02845466).

Gene therapy aims to induce in situ expression of growth factors or chemokines by inserting DNA encoding genes into the cells of the wound tissue by viral or non-viral delivery. In a phase I clinical trial, safety of PDGF gene therapy (the B isoform) was evaluated. In this study, replication-deficient adenoviral vectors encoding human PDGF-B gene were applied topically onto wounds using a bovine type-1 collagen scaffold. The collagen holds the vector in place, thereby limiting the uncontrolled dispersion of the drug substance until the infiltrating cells arrive and the gene is taken up. These cells then function as local bioreactors that produce the PDGF protein [71]. In this study, no difference between single or multi-dose was observed, and no placebo group was included. This study was followed by a phase II clinical trial (NCT00493051) that is completed but no results are reported.

Platelet-rich plasma (PRP) is the plasma fraction that contains higher concentration of platelets and thereby higher levels of platelet-sequestered proteins such as growth factors and chemokines compared to whole blood. Thus, administration of PRP to wounds increases the levels of growth factors in the wound by platelet release of PDGF, VEGF, FGF, hepatocyte growth factor, and TGF-β [72]. Cochrane’s review concludes that topically applied PRP may be effective treatment of DFU, while the efficiency for other chronic wounds was unclear. The number of participants and the quality of the studies were not considered high enough for a confident assessment of the therapeutic ability of PRP in chronic wounds [73]. In 2007, the first system for preparation of PRP was approved as a medical device by the FDA for wound management. This product is currently further evaluated in three clinical trials investigating the efficiency in venous leg ulcers, DFUs, and pressure ulcers (NCT02352467, NCT02352454, and NCT02352480). As recently as last year, FDA approved another PRP preparation kits for preparation of PRP intended for topical treatment of exuding wounds such as leg ulcers, pressure ulcers, and diabetic ulcers and mechanically or surgically debrided wounds [74].

**2.2. Chemokines**

Several chemokines have also been explored as targets for wound treatment based on promising preclinical observations. For example, experiments have demonstrated that single administration of CCL2 increased the levels of infiltrating macrophages to the wound in the first days after wounding, and accelerated wound healing in db/db mice [75]. In rats, injections in the wound edge of genetically modified mesenchymal stem cells (MSCs) expressing CXCL12 are reported to accelerate wound healing [76]. This approach is excellent for experimental drug delivery, but faces significant difficulties when clinical feasibility and regulatory aspects are taken into account. Treatment with human CXCL12 has been shown to accelerate healing in a porcine full-thickness incisions model were non-viral gene therapy that expressed human CXCL12 were injected into the wound edges [77]. A phase I clinical trial was initiated in 2012, but the current status is unknown (NCT016557045).

Many chemokines are demonstrated to require continuous delivery in order to be effective. However, multiple
applications per day are not desirable since excessive dressing changes both disturb the healing process and increase the health-care cost [78]. Thus, administration of recombinant proteins is not a clinically relevant option to treat wounds, and instead onsite release from administered cells or adhesives is explored. Using live probiotic Lactobacillus as a vehicle for prolonged protein delivery to the local environment of the wound shows promising results [79]. Topical application of live Lactobacillus reuteri engineered to express human or mouse CXCL12 has demonstrated rapid wound closure in healthy mice, as well as hyperglycemic and ischemic murine models [80]. In addition to the prolongation of chemokines following application on the wound, Lactobacillus produces lactic acid as a natural by-product of their metabolic pathways and thereby decreases pH in the wound microenvironment. The CXCL12 degrading protease DPP4/CD26 was shown to be completely inhibited in pH conditions associated with proliferating L. reuteri [80], and the bioavailability of the delivered chemokine is thereby enhanced by demonstrating synergetic effect of using lactic acid-producing bacteria as protein vectors. Inhibition of the proteolytic enzymes (DPP4/CD26) has yielded interesting results, and improved wound healing was observed in CD26−/− mice [21].

It is well established that prolonged inflammation and production of pro-inflammatory chemokines can lead to non-healing wounds, and broad-spectrum chemokine inhibitors are therefore tried to limit wound inflammation. The chemokine inhibitor 3SK, which inhibits the entire class of CC-chemokines, enhanced wound closure and neovascularization in murine wounds [81]. How this approach influence on wound infections needs to be further established.

### 2.3. Cell therapy

MSCs derived from different tissues have also been investigated for improving wound healing, as well as to treat other diseases including diabetes. The mechanism of action for this approach is most likely a transient release of anti-inflammatory chemokines and growth factors from these cells. In rats, wound treatment of MSCs has been shown to reduce the number of inflammatory cells, decrease the levels of pro-inflammatory cytokines IL-1 and TNF-α, and increase the levels of anti-inflammatory IL-10. Several studies have also indicated that polarization of macrophages from M1 to M2 is induced by MSC treatment [82]. There are several ongoing phase I or II clinical trials investigating the therapeutic potential of topically applied autologous and allogenic MSCs in wound healing of chronic wounds and second-degree burns (Table 2).

Immune cells have likewise been investigated as potential candidates for cell therapy treatment of wounds. Macrophages cultured with TNF-α and IFN-γ were injected into the wound bed of rats with streptozotocin-induced hyperglycemia. Wounds receiving macrophage injections demonstrated accelerated healing compared to untreated wounds [83]. In another study, wounds of healthy or db/db mice were treated with IL-4- or IL-10-activated macrophages, which did not promote healing in healthy mice and even delayed wound healing in db/db mice [86]. In open clinical study, pressure ulcer patients were treated with local injections with a suspension of activated allogenic macrophages. Macrophages were isolated from healthy donors and activated with hypo-osmotic shock. During the study period, 69.5% of the ulcers healed following treatment with activated macrophages while only 13.3% of the ulcers healed in the control group receiving treatment with standard care only [87].

#### Table 2. Ongoing clinical trials assessing the effect of different medicinal products in wound healing.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Condition</th>
<th>Phase</th>
<th>Administration route</th>
<th>Description of mechanism of action</th>
<th>Ongoing clinical trials</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABSOLVE</td>
<td>Diabetic foot ulcers</td>
<td>II</td>
<td>Collagen dressing</td>
<td>Recombinant PDGF-BB in a collagen dressing</td>
<td>NCT03037970</td>
</tr>
<tr>
<td>Mesenchymal stem cells (MSCs)</td>
<td>Diabetic foot ulcers</td>
<td>I</td>
<td>Single-dose topical application seeded into collagen scaffold</td>
<td>Allogenic bone marrow-derived mesenchymal stem cells. MSCs secrete chemokines, cytokines, and growth factors that are pro-angiogenic, anti-fibrotic, and anti-apoptotic</td>
<td>NCT03509870</td>
</tr>
<tr>
<td>ABCBS-positive MSCs</td>
<td>Chronic venous ulcers</td>
<td>I, II</td>
<td>Topical application</td>
<td>Suspension of autologous or allogenic ABCBS-positive MSCs. MSCs secrete chemokines, cytokines, and growth factors that are pro-angiogenic, anti-fibrotic, and anti-apoptotic</td>
<td>NCT03257098, NCT02742844</td>
</tr>
<tr>
<td>Mesenchymal stem cells (MSCs)</td>
<td>Second-degree burn wounds</td>
<td>I</td>
<td>Topical application</td>
<td>Allogenic mesenchymal stem cells. MSCs secrete chemokines, cytokines, and growth factors that are pro-angiogenic, anti-fibrotic, and anti-apoptotic</td>
<td>NCT02104713</td>
</tr>
<tr>
<td>Stromal vascular fraction</td>
<td>Chronic leg ulcers</td>
<td>Not applicable</td>
<td>Local injection</td>
<td>Autologous stromal vascular fraction (SVF). Five to twenty percent of SVF is adipose-derived mesenchymal stem cells (ADSCs). ADSCs stimulate wound healing through secretion of growth factors</td>
<td>NCT02987101</td>
</tr>
<tr>
<td>MRG-110</td>
<td>Wound healing in healthy participants</td>
<td>I</td>
<td>Local injections</td>
<td>MRG-110 is intended to promote the growth of new blood vessels by inhibiting the anti-angiogenic molecule mirt-92a</td>
<td>NCT03603431</td>
</tr>
<tr>
<td>Totasure Topical Gel</td>
<td>Punch biopsy wounds in healthy participants</td>
<td>I</td>
<td>Topical gel</td>
<td>Tolasure is a topical gel that contains crystal biomimetic substances that promote wound closure by stimulating growth factors, producing hydrogen peroxide and oxygen</td>
<td>NCT03620175</td>
</tr>
<tr>
<td>Granexin</td>
<td>Diabetic foot ulcers</td>
<td>III</td>
<td>Topical gel</td>
<td>ACT1 peptide targets connexin-43 that is elevated in human keratinocytes and fibroblasts, reducing inflammatory neutrophils and granulation tissue.</td>
<td>NCT02667327, NCT02666131</td>
</tr>
</tbody>
</table>

PDGF-BB: plate derived growth factor isoform BB; MSCs: mesenchymal stem cells; SVF: stromal vascular fraction; ADSCs: adipose-derived mesenchymal stem cells
<table>
<thead>
<tr>
<th>Treatment</th>
<th>Condition</th>
<th>Phase</th>
<th>Administration route</th>
<th>Description of mechanism of action</th>
<th>Reported results</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Epidermal growth factor (EGF)</td>
<td>Diabetic foot ulcers</td>
<td>III</td>
<td>Topical spray</td>
<td>EGF stimulates proliferation and migration of keratinocytes, endothelial cells, and fibroblasts</td>
<td>Reports positive outcome</td>
<td>NCT01629199 [69]</td>
</tr>
<tr>
<td>Epidermal growth factor</td>
<td>Deep partial thickness burn</td>
<td>II, III</td>
<td>Topical spray in silver sulfadiazine gel, topical</td>
<td>Growth factor; EGF stimulates proliferation and migration of keratinocytes, endothelial cells, and fibroblasts</td>
<td>Reports but not statistics</td>
<td>NCT01553708</td>
</tr>
<tr>
<td>Recombinant human GM-CSF hydrogel TG-PDGF.AB</td>
<td>Burns</td>
<td>IV</td>
<td>Topical gel</td>
<td>Growth factor; GM-CSF</td>
<td>Reports positive</td>
<td>NCT01785784 [70]</td>
</tr>
<tr>
<td>GAM501</td>
<td>Diabetic foot ulcers</td>
<td>II</td>
<td>Topical gel, adenovirus vector in collagen gel</td>
<td>Growth factor: PDGF-BB (isoform BB)</td>
<td>No results reported</td>
<td>NCT00493051</td>
</tr>
<tr>
<td>BioChaperone™ PDGF-BB</td>
<td>Diabetic foot ulcers</td>
<td>III</td>
<td>Topical spray</td>
<td>Growth factor: PDGF-BB</td>
<td>No results reported</td>
<td>NCT02236793</td>
</tr>
<tr>
<td>APOSEC™</td>
<td>Healthy volunteers</td>
<td>I</td>
<td>Topical gel</td>
<td>Irradiated lyophilized PBMC in a hydrogel. The secretome of these cells contains growth factors and chemokines</td>
<td>Reports positive outcome</td>
<td>NCT02284360 [61]</td>
</tr>
<tr>
<td>Platelet-rich plasma</td>
<td>Diabetic foot ulcers, venous ulcers, pressure ulcers</td>
<td>II</td>
<td>Topical gel, local injections, or gel an injections</td>
<td>PRP contains growth factors and other molecules that stimulate wound healing</td>
<td>No results reported</td>
<td>NCT02071979</td>
</tr>
<tr>
<td>Cultured autologous proliferating epidermal cells</td>
<td>Burn wounds with meshed split-skin autografts</td>
<td>III</td>
<td>Keratinocytes in collagen/elastin carrier</td>
<td>By distribution of the epidermal cells on the wound, these cells contribute to faster epithelization.</td>
<td>Reports positive outcome</td>
<td>NCT00832156 [62]</td>
</tr>
<tr>
<td>ALLO-ASC-DFU</td>
<td>Second-degree burn</td>
<td>I</td>
<td>Hydrogel sheet</td>
<td>ASCs in hydrogel sheet</td>
<td>No results reported</td>
<td>NCT02394873</td>
</tr>
<tr>
<td>HPβCD-I</td>
<td>Pressure ulcers</td>
<td>I, II</td>
<td>Topical gel</td>
<td>Complex of insulin</td>
<td>Reports positive trend ($p = 0.06$)</td>
<td>NCT02418676 [63]</td>
</tr>
<tr>
<td>SANTYL®</td>
<td>Diabetic foot ulcers</td>
<td>IV</td>
<td>Ointment</td>
<td>Collagenase that breaks down denatured collagen in necrotic tissue</td>
<td>Reports no difference</td>
<td>NCT01143714 NCT01143727 NCT01408277 NCT01056198 [64]</td>
</tr>
<tr>
<td>Isosorbide dinitrate spray and chitosan gel</td>
<td>Diabetic foot ulcers</td>
<td>III</td>
<td>Topical spray and gel</td>
<td>Isosorbide dinitrate is a vasodilator that increases the blood flow. Chitosan gel as a barrier.</td>
<td>Reports positive outcome</td>
<td>NCT02789033 [106]</td>
</tr>
<tr>
<td>Betulin</td>
<td>Split-thickness skin grafts</td>
<td>III</td>
<td>Topical gel</td>
<td>Birch bark extract that up-regulates pro-inflammatory mediators in the wound.</td>
<td>Reports positive outcome</td>
<td>NCT01807650 NCT01657305 [103]</td>
</tr>
<tr>
<td>Pirfenidone</td>
<td>Diabetic foot ulcers</td>
<td>III</td>
<td>Topical gel</td>
<td>Anti-inflammatory and anti-fibrotic agent</td>
<td>Reports positive outcome</td>
<td>NCT02632877 NCT02222376 [104,105]</td>
</tr>
<tr>
<td>P1G10</td>
<td>Diabetic foot ulcers</td>
<td>II</td>
<td>Topical dressing</td>
<td>Proteolytic fraction isolated from Vasconcellea cundinamarcensis. This fraction has debriding, anti-inflammatory and mitogenic activity</td>
<td>Reports positive outcome</td>
<td>UTN U1111-1199-2539 [65]</td>
</tr>
<tr>
<td>NanoDOX™ Hydrogel</td>
<td>Diabetic foot ulcers</td>
<td>II</td>
<td>Hydrogel</td>
<td>Active substance is the antibiotic doxycycline that blocks tissue proteolytic activity by MMP inhibition which is the regulator of the HIF-alpha pathway, which leads to increased HIF-alpha activation</td>
<td>Reports results but no statistics reported</td>
<td>NCT00764361</td>
</tr>
<tr>
<td>GSK1278863</td>
<td>Diabetic foot ulcers</td>
<td>I</td>
<td>Ointment</td>
<td>Inhibits hydroxyase which is the regulator of the HIF-alpha pathway, which leads to increased HIF-alpha activation</td>
<td>Reports no difference</td>
<td>NCT01831804</td>
</tr>
</tbody>
</table>

EGF: epidermal growth factor; GM-CSF: granulocyte macrophage colony stimulating factor; PDGF: platelet derived growth factor; PDGF-BB: platelet derived growth factor isoform BB; PBMC: peripheral blood mononuclear cell; PRP: platelet rich plasma; ASCs: adipose derived stem cells; MMP: matrix metalloproteinase; HIF-alpha: hypoxia-inducible factor
2.4. MicroRNA

MicroRNAs have the ability to upregulate or suppress gene expression, and different microRNAs will be upregulated or downregulated during the phases of wound healing depending on their function. The miRNA expression in normal, healing wounds has been shown to differ from that of chronic wounds [88]. In patients with nonhealing wounds, the miRNA miR-92a showed twofold higher expression compared to patients with wounds that were healing [89]. In murine models, upregulation of miR-92a decreased angiogenesis while inhibition of miR-92a improved wound healing and angiogenesis [90]. Inhibition of miR-92a with the inhibitor MRG-110 has also demonstrated accelerated wound healing in healthy pigs and diabetic mice [90], and consequently there are ongoing clinical trials with this inhibitor in healthy volunteers (NCT03603431).

2.5. Antimicrobial peptides (AMPs)

AMPs are small peptides that are post-translationally processed from a pre-cursor protein into the active form when local environmental cues signal their release or upregulation. They are part of the innate immune system of most organisms and are among the first defenders to arrive to the site of infection. They have been attributed with many of the roles that other immune factors have, such as immune cell recruitment through chemotaxis, involvement with regulation of chemokines and chemokine receptors, and have also been highlighted for important roles in wound healing and tissue repair, for example, phosphorylation of epidermal growth factor receptor that has been associated with triggering pathways prompting tissue regeneration [91–93]. However, most concede that the primary role of AMPs is defense and subsequent antimicrobial activity. This fact leads to the controversy involving their potential for widespread use in drug development [94]. Targeting nonhealing wounds, which are often infected with multiple microorganisms, is especially concerning when taking into account recent reports of antimicrobial resistance found not only in the experimental setting [94], as a recent report detected a colistin (approved drug where the active substance is an AMP) resistant gene, mcr-1, expressed on a horizontally transferred plasmid. Since then, many more mcr-1 findings have been made as well as several additional mcr genes. This discovery dispelled the long-held belief that AMP resistance was unlikely rare and only found in inherent resistance mechanisms [95]. Additionally, AMP drug development has been hindered by their susceptibility to protease activity and their high levels of cytotoxicity [96,97]. Despite the awareness of resistance development using endogenous AMPs, several AMPs are considered potential drug candidates aimed toward wound healing [98]. Pexiganan has a long and troubled drug development history. The cream-based formulation was intended for treatment of DFUs, but it did not pass phase III clinical studies to gain FDA approval based on that it did not reach its primary end point of overall resolution of infection (NCT01590758and NCT01594762). LL-37, an endogenous human AMP, showed significant wound healing of venous leg ulcers in a phase I/II clinical trial with accepted tolerability [99]. Dose–response efficacy demonstrated consistently higher healing rates for lower (0.5 and 1.6 mg/ml) but not higher (3.2 mg/ml) doses of LL-37 compared to placebo, demonstrating that correct dosing is critical for endogenous AMPs.

2.6. Non-endogenous molecules

Non-endogenous molecules that exhibit wound healing properties are also being discovered and developed. Silver containing dressings and topical silver agents are used in the clinic despite the inconclusive nature of evidence to support effectiveness. A systemic review evaluating topical silver on infected wounds together with another in burn wounds both concluded that there are not enough evidence to support silver treatment against wound infections [100,101]. Betulin is isolated from birch bark, and in vitro studies of human keratinocytes demonstrate that betulin enhances keratinocyte migration and upregulation of pro-inflammatory cytokines, such as IL-6, IL-8, and COX-2 [102]. Two parallel clinical phase III studies demonstrated accelerated wound closure following topical treatment with a betulin gel in split-thickness skin graft donor sites (NCT01807650 and NCT01657305) [103].

A synthetic chemical, prifenidone (PFD), was found to modulate the expression of TNF-α, TGF-β, FGF, PDGF, and VEGF, giving it anti-fibrotic and anti-inflammatory properties. In two phase III clinical trials, topical PFD addition to conventional treatment significantly improved healing in DFUs [104,105]. Insufficient circulation is a common characteristic of tissues with nonhealing wounds. In a recent phase III clinical trial, isosorbide dinitrate, a vasodilator of arteries and veins, showed improved healing in DFUs in following topical application in spray format. Greater treatment effects were observed when the treatment was combined with chitosan gel [106].

2.7. Other

Skin substitutes are commonly used to treat larger burn wounds, but are also used for nonhealing wounds. There are several kinds of skin substitutes: acellular, cellular, and composite. The acellular skin substitutes can be composed by matrixes of collagen and/or cellulose, epithelial from different species or donated human skin. These substitutes aim to mimic the human extra cellular matrix and thereby provide a surface for migrating host cells. Matrix seeded with fibroblast, autologous or isolated from neonatal foreskin, or keratinocytes, is called cellular skin substitutes. Another cellular substitute is derived from human placenta membranes [107,108]. Placenta membranes contain growth factors, collagen-rich extracellular matrix, and cells including MSCs, neonatal fibroblasts, and epithelial cells. In a multi-center, randomized, single-blinded clinical trial, a cryopreserved placenta membrane was compared to standard wound care. In this study, 62% of the wounds treated with placenta membranes healed during the 12 weeks of the study, whereas only 21.3% of the wounds healed in the control group [109].

In negative pressure wound therapy (NPWT), an airtight open-pore filler fitted to the wound size is placed onto the wound and covered by a transparent bacteria proof, and airtight dressing. The
sealed wound is then connected to a vacuum source and a negative pressure is created. The negative pressure at the wound site reduces the size of the wound through contraction; it continuously cleans the wound by removing small debris through suction and reduces levels of proteases through wound fluid removal. Removal of exudate from the wound also permits fewer dressing changes, and the sealed environment provides a moist environment for the wound. The mechanical force induced by NPWT also alters the blood perfusion, promotes angiogenesis and the formation of granulation tissue [110]. The efficiency of NPWT has been evaluated for nonhealing wounds as well as for traumatic wounds, partial thickness burns, skin grafts, and surgical wounds. Evidence for NPWT to promote wound healing is still weak for DFUs and leg ulcers, and for pressure ulcers, partial thickness burns, surgical and skin grafts evidence is lacking [111–115].

Hyperbaric oxygen therapy (HBOT) encompasses inhalation of pure oxygen after entering a special compression chamber, and the treatment aims to increase the oxygen supply to the wound. In a Cochrane review, the authors concluded that HBOT improved short-term but not long-term healing in patients with DFUs [116].

2.8. Challenges and limitations for topical delivery of drugs accelerating wound healing

In the development of topical drugs for wound healing, there are many challenges to considerate. In addition to accelerating wound healing, required qualities for such a treatment include the ability to withstand the proteolytic wound environment to ensure bioavailability of the active substance. In addition, dressing changes disturb the healing process and the optimal treatment should therefore include prolonged release and/or effects. Further, the treatment needs to be cost-efficient to penetrate the market. Combining all of these qualities poses a large challenge. To overcome the proteolytic environment as well as to provide prolonged drug release, the new-generation biological drugs in the form of growth factors and chemokines are incorporated into wound dressings and/or co-administered with protease inhibitors. In addition, cell and gene therapy provide continuous release of, for example, growth factors or chemokines, which also increases the demand on ensuring limited dispersion outside the wound area to minimize potential systemic affects. However, these promising products of recombinant proteins, gene, or cell therapies are today expensive, which limits clinical availability.

3. Conclusion

For academic projects aiming at accelerating wound healing, as well as for projects in discovery phase or in the late preclinical or clinical pipeline, there is a growing trend toward development of biologics, gene therapy, and new technologies for drug delivery. An increasing fraction of treatments in pipeline to be tested in clinical trials are compounds classified or to be classified as medical products. To meet the study objectives and to become a clinical option to treat nonhealing wounds, these approaches are all dependent on increased knowledge of the physiology and pathology of wound healing, as well as the clinical reality, and the factors shifting a healing wound to a nonhealing.

4. Expert opinion

The current lack of efficient treatments for nonhealing wounds is dependent on many factors. First of all, we still do not fully understand why wounds fail to heal but we know that many underlying pathologies increase the risk for acquiring nonhealing wounds. In which phase the healing cascade is halted during development of nonhealing wounds might vary remarkably depending on associated co-morbidities, but also on age or location of the wound. Second, poor translation of promising preclinical results to successful clinical trials meeting the study objectives greatly limits the availability of clinical options. This can be assigned to poor preclinical models of nonhealing wounds, as well as species differences, as preclinical experiments most often are performed in rodents that heal their wounds differently compared to pigs and humans. Third, the proteolytic nature of the wound microenvironment reduces bioavailability of topically delivered peptides and proteins including growth factors and chemokines, which hampers the ability to locally boost signals to stimulate healing [76,78,117,118,75].

The first obstacle should be met by applying a scientific approach to delineate the mechanism of impaired wound healing as well as the mode of action of drug candidates, which in our opinion, are vital for success in clinical trials. The ongoing unraveling of immune cell phenotypes and functions also in the wound healing context opens up new targets as their restorative functions could be exploited. Second, preclinical models have to be designed to match the clinical reality and include comorbidities when evaluating efficacy. Further, other species than rodents should be considered. The third obstacle has to be addressed by creative means to enhance the bioavailability of the active substance by onsite production and/or reduced degradation. Co-administration of enzyme inhibitors or coupling of the active drug substance to different biomaterials are all exciting new avenues that hopefully will lead to efficient and economically feasible treatment strategies to accelerate the healing of nonhealing wounds.

Excitingly, current treatments aiming at accelerating wound healing that are in the pipeline for clinical trials take these concerns into consideration and comprise of biologics, gene therapy, and new concepts for drug delivery. However, in the end, success of new compounds in clinical trials and through approval relies on cost efficiency in manufacturing (cost of goods), market penetration and that the product delivers clinical value to multiple stakeholders through the wound care process.

Acknowledgments

The authors would like to thank Hans Nuctelius at Roland Berger and Henrik Tomenius for helping out with the article’s illustrations.

Funding

This work is supported by grants from the Swedish Research Council, the Ragnar Söderberg foundation, the Knut and Anne Wallenberg Foundation, The Swedish Diabetes Association, Diabetes Wellness Sweden and the
This article highlights the function of macrophages throughout hematopoietic relationships to disclose. The authors have no other relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict with the subject matter or materials discussed in the manuscript apart from those disclosed.

Reviewer disclosures

Peer reviewers on this manuscript have no relevant financial or other relationships to disclose.

References

Papers of special note have been highlighted as either of interest (•) or of considerable interest (••) to readers.

This study shows the results from a phase I/II clinical trial in mice and systemic glucocorticoids treated mice.

- This article shows a reduction of wound levels of PDGF and PDGF receptors in models with impaired healing, namely db/db mice and systemic glucocorticoids treated mice.

...
In this phase III clinical trial, a non-endogenous molecule, [cited 2018 Nov 15]. DOI: 10.1002/14651858.CD006215.pub2

- Injection of macrophages from healthy young volunteers into pressure ulcers of elderly patients increased the number of closed wounds compared to control group receiving standard care. [cited 2018 Nov 15]. DOI: 10.1002/14651858.CD01334.pub2

- In this study, accelerated wound healing is demonstrated in mice and pigs by inhibiting the microRNA-92a. [cited 2018 Nov 15]. DOI: 10.1002/14651858.CD012522.pub2

- In this article, cryopreserved human placenta membrane, where growth factors and other native components have been preserved, showed accelerated healing of DFUs compared to standard care. [cited 2018 Nov 15]. DOI: 10.1002/14651858.CD010318.pub3


